



### Eligibility

If you have funding in your NDIS plan for Assistance with Daily Life; Improved Relationships; Improved Living Arrangements; or Increased Social and Community Participation you may be able to use that funding to purchase this support service.

### Costs

Personal expenses - meals, drinks, entry fees etc.

Travel expenses (NDIS)

### Enquiries

For further information on any Southern Stay programs please contact: our Intake Officers

5564 3444 or 5572 1028

[intake@southernstay.org.au](mailto:intake@southernstay.org.au)

choice

inclusion

achievement

For further information on any Southern Stay programs please contact:

#### Warrnambool Office

181 Fairy Street, Warrnambool, 3280

PO Box 1011 Warrnambool, 3280

Ph: **(03) 5564 3444**

#### Hamilton Office

46 Brown Street, Hamilton 3300

PO Box 397, Hamilton, 3300

Ph: **(03) 5572 1028**

[admin@southernstay.org.au](mailto:admin@southernstay.org.au)

#### Office Hours

Monday to Friday

8.30am - 5.00pm

Except public holidays

Find us on 



Individual Support



## Our Vision

*“To enrich the lives of people with a disability by promoting choice,*

## PURPOSE:

- To provide accommodation & support services through the South West region of Victoria for people with disability;
- To encourage participation of people with disabilities in the community;
- To promote the ability of people with disabilities to live successfully in the community.

## MISSION:

To provide a range of accommodation, programs and services based on peoples individual needs and to work with our community to enhance opportunities for the people we support.

## VALUES:

As we move forward with our vision we will be guided by what is important to us.

- Client Focus
- Respect
- Empowerment
- Dignity
- Inclusion

The Individual Support program ensures all your personal care needs are met within the comfort of your own home, assistance may include:

- Cooking, nutrition, diet
- Dressing, grooming
- Bathing/showering
- Shaving
- Personal Hygiene
- Lifting/transferring
- Assisting with Medications
- Shopping
- Assistance with bill paying
- Assistance with meal preparations
- Light domestic duties.

Southern Stay has dedicated and caring staff that may also assist you attending community activities and social or recreational events within the general community.

The Individual Support Program encompasses many different packages:

- **Individual Support Packages** (I.S.P.) - personal care and support – previously known as Home First and Support & Choice funded packages
- **Transport Accident Commission** (T.A.C.) care and support as required for people in a transport accident
- **Outreach** – Providing community and personal support
- **Workcover** - care and supports required for people in workplace accidents



## Being Independent

For many people with a disability, having Individual Support means being able to live in their own home with supports in place to allow independence.

This is a very personal and individual service that is tailored to suit your support needs and your lifestyle.

The first step is to meet and discuss the type of assistance you will require. Each person has different needs and different tasks they require support workers to assist with.

During your meeting the Intake Officer will discuss with you the type of tasks you would like assistance with. The discussion will also clarify the number of hours of support each week as well as any additional details required to provide support to you.